

Three days Training Module for the Doctors on Emergency Health Management & First Aid

| Sl. No. | Topic | Time |
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| | Day 1 | |
| 1. | Registration of Participants | 9 to 9.30 am |
| 2 | Overview of the Disaster Risk Reduction with specific reference to Health sectors Role | 9.30 to 10.00 am |
| 3. | Disaster Management in the Health sector | 10.00 to 10.30 am |
| 4 | Tea | 10.30 to 10.45 am |
| 5 | Mass Casualty Management & Hospital Disaster Management Plans | 10.45 to 11.30 |
| 6 | Communicable Disease & Disease Surveillance Environmental Health, Water & Sanitation in Disasters | 11.30 to 12 noon |
| 7 | Care of Vulnerable groups and Mental Health care in Disasters | 12. to 1.pm |
| | LUNCH | 1 to 2 pm |
| 8 | Group work – Disaster management in a Primary Health Care setting | 2 to 3 pm |
| | Tea | 3 to 3.15 |
| 9 | Presentation by Groups & Discussion | 3.15 to 4.30 pm |
| | DAY 2 & 3 , TRAINING IN FIRST AID | |
| Day 2 | Principles & practice of First Aid Structure and Functions of Human Body Brief Description of Heart & Heart attacks Respiration, Asphyxia & suffocation Cardio Pulmonary Resuscitation Epilepsy and First aid Shock and First aid | 9 to 1 pm |
| | Electric Shock cause and First aid Management of Wounds and Bleeding Injuries to Muscles , Bones and Joints and treatment Dressing and Bandages Practical - use of bandages, types, slings etc | 2 pm to 5 pm |
| Day 3 | Burns & Scalds and Management Poison, types and treatment Animal, snake & Insect bites and first Aid Foreign bodies in Eyes, Ears and Nose and treatment Transport of Casualty – Improvised Stretcher- Cloth, Blankets, Receiving casualties | 9 to 1 pm |
| | First Aid box and contents Evaluation Wrap up | 2 to 5 pm |